

## Newsletter

### Principal's Message

Tuesday, 12th March

Dear Parents and Guardians,

I hope you all had a wonderful long weekend and stayed nice and cool in what was, quite the scorcher!

This week will be the beginning of NAPLAN. Our students have been preparing for NAPLAN and the use of the online tools over their previous year of schooling, and more intensively during this first 5 weeks of school this year.

#### What is NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) is a literacy and numeracy assessment that students in Years 3, 5, 7 and 9 sit each year. It is the only national assessment all Australian students have the opportunity to undertake.

As students progress through their school years, it is important to check how well they are learning the essential skills of reading, writing and numeracy.

NAPLAN assesses the literacy and numeracy skills that students are learning through the school curriculum and allows parents/carers to see how their child is progressing against national standards.

NAPLAN is just one aspect of a school's assessment and reporting process. It does not replace ongoing assessments made by teachers about student performance, but it can provide teachers with additional information about students' educational progress.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians are achieving important educational outcomes in literacy and numeracy.

#### What can I do to support my child?

Students are not expected to study for NAPLAN. You can support your child by reassuring them that NAPLAN is a part of their school program and reminding them to simply do their best. Some explanation of NAPLAN is useful to help students understand and be comfortable with the format of the tests; however, it is not necessary for parents/carers to do this. Teachers have ensured that students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

- 1. Have a positive and encouraging conversation about it. Ask your child what they are worried about and why. This will help you understand their concerns better and give you an opportunity to provide support with positive guidance ahead of the NAPLAN tests.
- 2. Eat well and rest well. Getting plenty of sleep and keeping to a healthy diet can have an impact on both physical and mental wellbeing. It's important that your child is feeling calm and confident leading up to the NAPLAN tests, so they feel their best on the day, inside and out.
- 3. Celebrate the effort, not the outcome. The most important thing is that they 'gave it a go' and did their best with what they knew on the day. It's about praising their efforts rather than focusing on the results. Students should know that the test is only about their abilities on one day, and not who they are as a person.

Warm regards,

Regards,

Bri Simpson

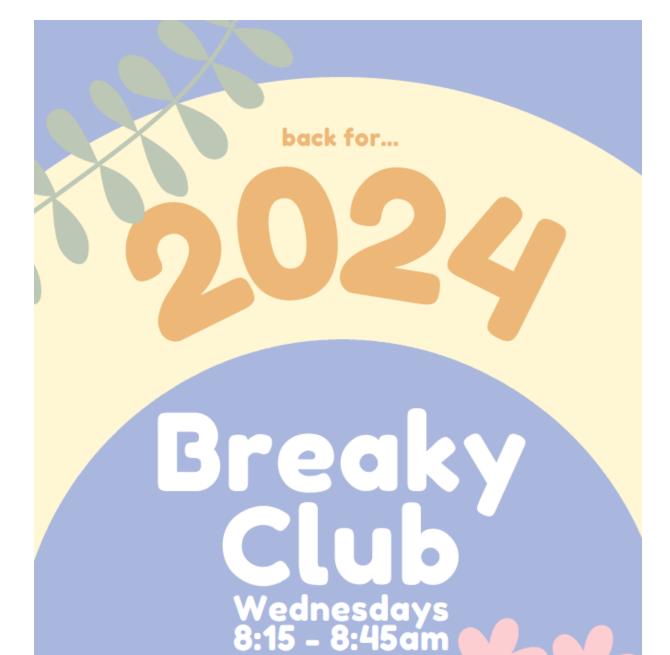
Principal

#### Students of the Week and School Values





## Breakfast Club each Wednesday



We extend our welcome to all Glengarry community members. Please join us for breaky, games, and social joy to start the day. Our successful 'Breakfast Club' program has started back and is running each Wednesday from **8:15am** - **8:45am**. All Glengarry community members are invited to join us in the Riversdale building for breakfast every Wednesday morning.

The intention of this program provides access to a nutritious breakfast and positive community connections. Healthy food and a sense of belonging are the most powerful fuel for the mind, we strongly believe the overall well-being of our community can be improved through this program.

We would like to thank the **Glengarry Angling Club** for their immense support in setting up this initiative. Through their partnership we are set to continue this program for the term ahead and long into the future. As we watch this take off, any support from our wonderful community is greatly appreciated including any home grown fruit donations or volunteers who would be available from 8 - 9am to help set up/pack up.

#### Term 1 Dates

#### TERM 1 2024

#### PLEASE NOTE, THAT KEY DATES ARE ALSO IN THE NEWSFEED ON COMPASS FOR EASY ACCESS

- Wednesday 13th March NAPLAN testing begins for year 3 and year 5
- Wednesday 13th March School Council @ 6pm
- Tuesday 19th March Easter Casual Clothes Day
- Wednesday 20th -Friday 22nd March Grade 5/6 Camp to Sovereign Hill
- Thursday 21st March Harmony Day
- Friday 22nd March STEM Excursion for 3/4H to Biotech Yinnar
- Monday 25th March Ride to School Day
- Monday 25th March Years 3-6 Interschool Athletics
- Wednesday 27th March Easter Raffle Drawn
- Thursday 28th March School Athletic sports and last day of term 1

#### **Community News**

#### Latrobe

# Priority Primary Care Centre



#### Latrobe PPCC provides free care to people who need urgent care, but not an emergency response.

No appointment is needed, and treatment will typically be quicker than a hospital emergency department.

#### Opening hours:

7 days per week, from 8am to 10pm

Address: 42-44 Fowler Street, Moe

Phone number: 5127 9111

Learn more: Google "Latrobe PPCC"



#### New emergency care option for the Latrobe Valley

Latrobe Priority Primary Care Centre (PPCC) provides free GP-led care to people who need urgent care, but not an emergency response.

They provide urgent care for injuries and illnesses including:

- mild to moderate infections

- fever
  pain when urinating
  suspected fractures and sprains

- suspected fractures and sprains
   back and muscle pain
   minor cuts, burns, and insect or animal bites
   heartburn, vomiting, nausea
   headaches, migraines and brief fainting
   constipation, diarrhoea, abdominal pain
   allergies and rashes
   light bleeding in the first trimester of pregnancy
   mild to moderate asthma attacks, coughs and oth
- mild to moderate asthma attacks, coughs and other respiratory symptoms

#### No appointment is needed.

 $The \, Latrobe \, PPCC \, may \, prove \, a \, better \, alternative \, to \, the \, hospital \, emergency \, department \, for \, you \, and \, department \, for \, you \,$ your family if you need urgent - but non-life threatening - care.

#### The key details are:

- . Opening hours: 7 days per week, from 8.00am 10.00pm
- Address: 42-44 Fowler Street, Moe
- Phone number: 5127 9111
- Billing: Bulk Billed
- Learn more: https://www.lchs.com.au/services/general-health/latrobe-priority-primarycare-centre-ppcc/





#### CLINCS RUN 4-5 PM

4 WEEKS OF COACHING CLINICS FOR JUST \$50 FOCUSING ON SKILL DEVELOPMENT, GAMES AND FUN ALSO INCLUDES A STARTER PACK WORTH \$75 WITH A CLUB T-SHIRT AND HAT, GLOVE AND BALL









Gathercole Drive, Traralgon
Limited spots so scan the code today to sign up





## Previous Newsletters

26th February 2024

16th February 2024

2nd February 2024

24th January 2024